



St. Joseph's Care  
and Support Trust  
AT SIZANANI VILLAGE

# team *talk*

**B U L L E T I N**

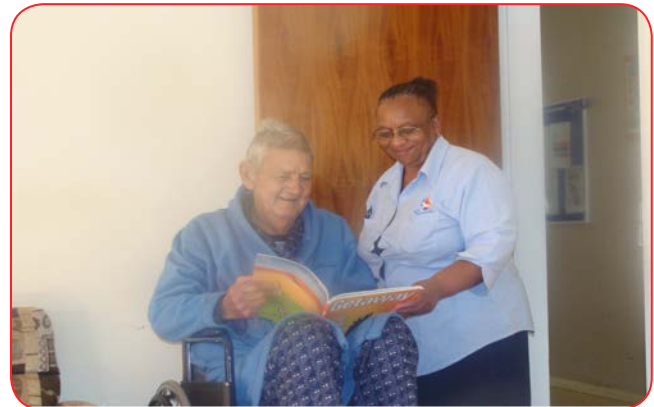
Mar / Apr 2011

## St Joseph's Care Centre, 'A home away from home'.

St Joseph's Care Centre is a care facility which aims to provide 24 hour palliative care services to persons diagnosed with life threatening illnesses with special focus on HIV and AIDS, Tuberculosis and Cancer. Patients are also provided with respite care, terminal care, pain and other symptom control.

Due to the success of the Antiretroviral treatment, our hospice beds have no more been fully utilised and thus we were in a position to dedicate some of the beds to patients who are in need of Frail Care. The income generated from patients who are receiving Frail Care will be used to support patients who cannot pay.

St Joseph's works closely with other health facilities, clinics and day hospitals such as Mamelodi Hospital for cross-referral of patients for further treatment if necessary.



The Hospice continues to offer free services to patients who meet our criteria, with no income but still need Palliative Care.



St Joseph's envisions to be 'a home away from home' facility where patients can receive care, treatment, feel comfortable and welcome. There is an Interdisciplinary team which comprise a Doctor, Professional Nurse, Social Worker and a Counsellor. This team sees that the needs of the patients are met. Patients can relax in a well kept garden outside the hospice. Menus are customised according to the dietary needs of patients.

**By Connie Mamabolo (Social Marketing Officer)**

## St Joseph's Training Centre strengthening rural capacities

At St Joseph's we are happy to provide a variety of services to our patients, communities and associates. This is especially true of our Training Department whereby our qualified staff provide training in a variety of areas for external companies and to the St Joseph's staff. We provide training in numerous areas including life skills training in, Client Support for those on ARV'S NQF Level 1, Demonstrate an understanding of sexuality and sexually transmitted infections NQF Level 1, Counselling an Individual in a structured environment NQF Level 4 and Educate and Support Parents in Child Care NQF Level 4.



The Southern African Catholic Bishops Conference Aids Desk obtained a grant from the Global Fund for training countrywide. St. Joseph's was chosen as a training provider and thus could expand its training programs. Since November 2010, St. Joseph's has collaborated with four other churches namely the Catholic, Anglican, Methodist and Dutch Reformed, across four provinces to train and educate 182 learners.



The groups were divided, some were educated in Frail Care which is a module from the Ancillary Health Care Diploma and the others in the Child

Care module from the Community Health Care Work Diploma Level 4. The two courses consisted of both theoretical and practical components with a recapping exam after each topic was completed.

The certificates acquired by the learners after completion of the course also add credits towards the achievement of the overall diploma, should they want to pursue their studies further.



The impact of their training will have immediate effect, as the learners studying Frail Care are Home Based Carers in their provinces and can apply their new found knowledge to enable them to provide better service for their patients. Those that were studying Child Care work with Orphans and Vulnerable Children will thus be able to apply their newly learned skills, resulting in better service delivery.



Training Co-ordinator Veronica Lingani described the program as a 'huge success' and was especially pleased with the long-term impact of the training as some of the learners who completed the training courses shall be returning in May, for Train the Trainer programme.

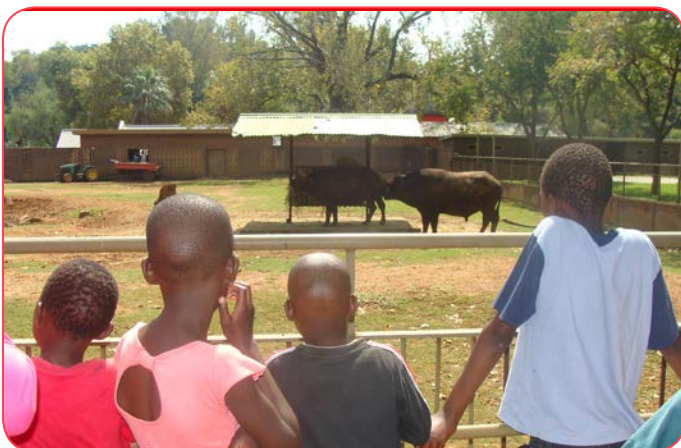
**By Sophie Jordaan (Social Marketing Officer)**

## Zoo Outing for Orphan and Vulnerable Children

On the 8th of April, 60 Orphaned and Vulnerable Children between the ages 9 to 12, had a 'golden' opportunity to go to Pretoria Zoo as part of psychosocial support provided by St Joseph's Social Services Department. Drawn from the six rural areas where the organisation operates in, for most of the children it was their first time to go to the zoo. The children were under the supervision of Child Care Workers and the Social Worker.



Children had the opportunity to learn more about different animals and reptiles which included elephants, lions, leopards, kudus, snakes, crocodiles. They expressed that the zoo outing was a learning experience that was totally different from that of the classroom.



Children also had the opportunity to interact with their peers from other communities which helped to enrich their social skills.

As a result of the zoo outing, children's all round development was improved as they spend time without their biological and foster parents.

At the end of the tour, the children expressed their gratitude to St Joseph's Care and Support Trust for affording them the opportunity to go to the Zoo.



By Pamela Sachinda (Social Worker)

### Snug As A Bug



St Joseph's has teamed up with the local newspaper, Streek Nuus to kick start a winter blanket drive which is called 'Snug As a Bug'.

We are asking people to donate blankets and winter clothing so that we can ensure that our orphaned and vulnerable children can stay warm this winter.

If you want to donate please get in touch with Sophie Jordaan on:

Tel: +27 13 932 6647

Email: [sophie@stjosephcare.org.za](mailto:sophie@stjosephcare.org.za)

## Why not give thanks

by Lisa Mpofu (Grade 11)

Life is a special gift  
That a person can have.  
It is also a 'substance of what you mix'  
Life will always be a result of what you have  
done.

Why are you always complaining?  
Why always always crying?  
Why are you always sad?  
Why not give thanks to the Almighty?

Never cry, never complain  
Try and give thanks to the creator  
The one who saw that you deserved  
To live on this earth.

Let me ask you a question  
Why not give thanks  
To the one who created you?  
Why not give thanks?

## I am an African woman

By Reneilwe Kabini (Grade 8)

I am an African  
A fearless person with dignity and respect  
As strong as a Lion  
And as clever as a Monkey.  
I am a proud African woman

A pillar of strength  
And hope for future generations.

I am a leader not a follower  
I am the precious light  
Needed in the darkness  
To show the way.

I am a proud African woman  
There is no one like me  
I am smart and good looking  
I am an African woman.

## Laughter is the best medicine

A Rabbi, Priest and Imam (Muslim priest) were  
together fishing. They were discussing how they  
paid themselves from the church collection. The  
Priest said, 'I draw a circle around me and I throw  
the money up in the air and everything that lands  
inside the circle goes to me'. The Imam said, 'OK, I  
also draw a circle around me and I also throw the  
money into the air and whatever lands outside the  
circle is mine'. Meanwhile the Rabbi was laughing  
to himself and he said, 'I also throw the collection  
up into the air and I look up to the sky and I tell  
God whatever stays up there you keep and the  
rest is mine'!

# Alpha Course comes to Wolvenkop

At the end of March, sixty young people in St Joseph's OVC program, aged 13 to 23 years gathered at the St Joseph's Day Care Centre in Wolvenkop a tranquil rural community about 45 Kilometers north of St Joseph's and Sizanani Village. They participated in a two day Alpha Course, presented by the Hatfield Christian Church Alpha Ministry and the Hatfield Christian School Peer Supporters. The visitors donated Bibles, Alpha manuals and facilitation for the course. Our delegates were from Sokhulumi, Verena, Roodepoort and Wolvenkop itself.



Many young people grew in faith and understanding of their Christian walk, and a number of teenagers gave their lives to the Lord for the first time. This course was an "express" version of the course, geared for youth and designed to be presented over two days instead of 8 weeks. A special feature is the small group discussions which take place after every session.



The Hatfield Christian School peer supporters gave up two days of their holidays to participate as leaders of these small groups and their participation made all the difference to the children who attend-

ed as it meant they were able to process what they had learnt straight away, ask questions and voice their comments

The St Joseph's team at Wolvenkop pulled out all the stops to present an excellent function. Hezekiel, Betty and all the Caregivers provided a superb venue, delicious food and arranged transport for the children, on both days.



Local pastors from Wolvenkop were on hand to journey with the youngsters – Pastor Dan Mlaudzi from Christian Reformed Church which has 26 branches in the district; Pastor Alpheus Ntuli from Evangelical Faith Church of God; Pastor Jim Mthimunye from For the Glory of God Ministry and Pastor Rebecca Mpe from Jesus the Saviour Ministry. Members of the local Tribal authority were also present.



The Alpha course is an introduction to the basics of the Christian faith. Alpha courses are run in churches, homes, workplaces, prisons, universities and a wide variety of other locations. The course is run around the world by all major Christian denominations.

**By Helen Adendorff (Community and Youth Dev. Coordinator)**

# People & Places



23 March 2011..... Some of the youths benefiting from the Youth Online Facility provided by St Joseph's.



23 March 2011... Martin Madela from Rooderpoort informal settlement proudly showcases pumpkins and carrots harvested from the communal garden.



8 April 2011.... 60 Orphan and Vulnerable Children during their outing to Pretoria Zoo.



3 May 2011.. Ellen Vroonhoof from KidsRights chats with a Foster Parent in Wolvenkop Community (Mpumalanga Province) during her visit.

## ORGANISATIONAL DETAILS

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### Banking Details

First National Bank, Account Name:St Joseph's Care and Support Trust at Sizanani Village  
Account Number:620 5641 22 33  
Branch Number:270-350 Bronkhorstspuit  
Swift Code: FIRNZAJJ 182